

The Messenger

Volume 7, Issue 10

Saints Zenaida and Philonilla October 11th

October 2008

Editor: Cathy Speronis

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So far as we know, the first of the real "unmercenary physicians" were women. The holy sisters, Zenaida and Philonilla were born in the district of Tarsus early in the first century. They were cousins of the Apostle Paul and were born into a highly educated Jewish family. Both sisters had a natural intelligence and a love for learning. When they entered the famous school at Tarsus to study philosophy, the sisters were instantly attracted to the lectures of the medical theorists. Their cousin Jason, Bishop of Tarsus, was an early convert to Christianity and a follower of their kinsman, Apostle Paul.

The two sisters learned the Christian Faith from Saint Jason and were attracted by the love and compassion of Christ. After their baptism, the two gave themselves over more fully to the study of medicine and began to apply Christian principles and ideas to medical philosophy. They understood that salvation is a healing process and they were deeply impressed with the realization that Christ tied the healing of the whole person, spiritual and physical, with the presence of the Heavenly Kingdom. When Saints Zenaida and Philonilla completed their studies, they moved to Thessally, where there were many medicinal mineral springs flowing in the numerous caverns of the Felion Mountains. Here, the Greeks had centers of pagan worship tied to the philosophy of medicine and the worship of Asklepios, the patron of healing. The holy sisters desired to bring the Gospel of Jesus Christ to the great crowds of people who visited these mineral hot springs for healing. Their earnest desire was to combine scientific medicine with prayer and faith and so reveal the nature of salvation and proclaim Jesus Christ to whomever would hear the words of the glorious Gospel.

Finding a cavern with a mineral spring, Zenaida and Philonilla built two cells and a small chapel for themselves. Having thus established a women's monastery, they used their abilities to create a clinic. The pagan physicians not only sought out the wealthy and generally ignored the poor, but they mixed their medical practice with magic, superstition and witchcraft. Much money was earned from the sale of medical amulets, charms and useless compounds. The two sisters opened their hearts to the poor.

Philonilla was a patient and careful scholar. Almost at once she set herself to developing experimental medicine which would approach a scientific medicine. All her life she would labor to free medicine from the idea of magic, astrology and superstition. Zenaida, on the other hand, was more contemplative. She was keenly interested in the suffering of children and worked to develop pediatric care, but her first love was monasticism. So famous did she become as a spiritual elder that both men and women sought her spiritual counsel. Three of her spiritual children, Papias, Pateras and Philocyrus built a men's monastery not far from the cavern-hospital of the holy sisters.

The sisters' love, compassion and openness to the poor and humble attracted many to the faith of our Lord Jesus Christ and not only the medical skill of the two sisters became renowned, but the miracles worked through their prayers established many in the Gospel.

Toward the end of her life, Saint Zenaida became interested in psychiatric medicine. Many of those who came to their hospital suffered from severe depression and other psychiatric illnesses. Zenaida had the wisdom to recognize these as actual illnesses and concerned herself with their causes and cure.



It is not known in what year Saint Zenaida departed this life, but she left her sister Philonilla to carry on their work and instruct others in Christian medicine and the faith. After the death of her beloved sister, Philonilla entered more deeply into the spiritual life, leaving the treatment and care of patients more and more to the students and other nuns. She also became renowned as a wonderworker and reposed in peace and at a great age.

The Holy Church bestowed the title, "Friends of Peace" on the two saints because they both preached and practiced peace, serenity and charity. Philonilla often said that a peaceful and serene disposition could not only aid in healing but could even prevent illness. For her, the source of true peace was the Holy Spirit and the Gospel of Jesus Christ, the Prince of Peace. The disciples of Saint Zenaida reported that her last words in this life were a prayer for the peace of the world.

Not only were Saints Zenaida and Philonilla the first Christian doctors (after Apostle Luke), but they were the first of those saints whom we call "unmercenary physicians"; Christian medicine began with holy women.

PRESIDENT'S MESSAGE

Dear fellow Parishioners of St. George,

Happy Fall to one and all !! I hope this finds everyone doing well and enjoying the blessings of the gorgeous colors abounding at this beautiful time of year. It is just one more reason we have to be ever so thankful that we live where we do...not everyone is so fortunate.

It was such a joy to see the rather large group of children and the new Church School teaching staff on hand to receive the blessing from Father Adam as they start the new year learning about their faith. They are the future of the St. George community so we wish them and their teachers a fruitful year. We are so proud of each and every one!

The new cross has been installed and shines brightly once again. May it lead us all to the Light that resides within, not only at 90 Sanford Street, but to that light inside all of us.

I wish to thank Ken (Innocent) McCarthy, for the wonderful job he performed installing the new ramp. Funds from the Louis Lealos and Robert C. Page Memorial accounts were used to pay for the materials. Thank you all for making this much needed project a reality.

Wishing you all Kalo Mena (good month)!
With Love in Christ,

Paula C. Page, President
Parish Council

FEE SCHEDULES

From time to time, people ask about the fee schedules at the Church. We, of course, do not charge for the sacraments. The charges are for the use of the Church building, hall, candles, etc. For any of these services to be performed, it is necessary to abide by the rules laid down in the Archdiocese Regulations.

Weddings	\$200.00
Baptisms	\$200.00
Funerals	\$200.00
Memorial Services	
With candles	\$ 25.00
Without candles	\$ 0.00
40-Day Memorial	\$ 0.00
Chrismations	\$100.00
Baby Churchings	\$ 0.00
Trisagion Prayers	\$ 0.00

UNDERWRITING THE MESSENGER

We invite parishioners to help subsidize our newsletter. You can support publication of *The Messenger* in the following ways:

- Sponsor the Monthly Dedication Page @ \$75.00 per month.
- Become a *Messenger* Patron @ \$50.00 for the year.

Your support is greatly appreciated!

**MEMBERS OF THE PARISH COUNCIL
FOR THE YEAR 2008**

Paula Page, President.....	866-2297
Maria Brountas, Vice-President.....	942-5718
Susan Jonason, Secretary.....	945-2964
Lee Speronis, Treasurer.....	942-7822
Kathy Fitzpatrick.....	942-7532
George Lealos.....	989-2166
Ambrose Smitherman.....	866-7717

**“O Lord Jesus Christ,
our Savior and Teacher,
rebuke us, but forgive us;
chastise us, but save us.”**

OCTOBER HAPPENINGS

Oct. 4th - 6 pm Great Vespers
Oct. 5th - 9 am Orthros with Liturgy following - for the 2nd Sunday of Luke
Oct. 11th - No Great Vespers
Oct. 12th - 9 am Orthros with Liturgy following - Sunday of the 7th Ecumenical Council
Oct. 13th - Baxter State Park Retreat for the Children of St. George in Millinocket.
Oct. 18th - 10 am Liturgy in Waterville for St. Luke. No Great Vespers this Evening.
Oct. 19th - 9 am Orthros with Liturgy following - for the 3rd Sunday of Luke
 Oct. 19th - 7 pm Classon Our faith starts.
Oct. 23rd - 9 am Orthros with Liturgy following - for St. James the Apostle and Evangelist
Oct. 25th - 6 pm Great Vespers at St. Demetrios in Saco
Oct. 26th - 9 am Orthros with Liturgy following - for the 6th Sunday of Luke
Oct. 31st - 4:30 pm Vespersal Divine Liturgy for Sts. Cosmas and Damianos followed by the Annual Harvest party.
Nov. 1st - 6 pm Great Vespers
Nov. 2nd - 9 am Orthros with Liturgy following - for the 5th Sunday of Luke
Nov. 8th - 9 am Orthros with Liturgy following - for the Archangels Michael & Gabriel

Prayer before Communion

At Divine Liturgy, the choir will be leading the Congregation in the liturgical prayer of Confession before Communion. This beautiful prayer of Confession, by St. John Chrysostom, can be found in the red *Prayer Book* that is in the pews, on page 62.

Our New Cross!

On the commemoration of the Exaltation of the Holy Cross, September 14th, St. George Church also celebrated the unveiling of the newly refurbished cross to adorn the outside of the church. Thanks to Angela Aloupis, the beautiful cross, encrusted with gold leaf, now gleams atop the Church roof. It is loving memory of Peter Aloupis and in honor of Athena Aloupis, her parents. Thanks, also, to everyone who contributed food to the delicious potluck that followed after the liturgy in which Father Adam blessed the cross.

Tuesdays at John's

On Tuesday, October 28th, is the next monthly get-together at John Howard's home from 3 pm to 5 pm. This social gathering is for anyone who would just like to get out of the house. We play cards and board games and enjoy some refreshments. John's home is at 146 Leighton Street in Bangor (942-4020). For directions or more information, Presvytera Lisa can also be called at 947-4709. Everyone is welcome!

A class on Our Faith will be starting on October 19th Sunday night at 7 pm.
For those interested please contact Fr. Adam.

Waterville Liturgy

Fr. Adam will celebrate Divine Liturgy for parishioners in the Waterville-area on Saturday, October 18th, at the Church of the Sacred Heart on Pleasant Street in Waterville. This Liturgy will be for St. Luke the Evangelist and will be at 10 am in the chapel next to the main sanctuary. Enter by the parking-lot doors and go up one flight of steps. Everyone is welcome!

TA NEA (The News)**By Cathy Speronis 118 Poplar Street Bangor, ME 04401 (942-7822)**

Oh, the beauty of fall! Crisp mornings, colorful landscapes and family gatherings, are just a fraction of the things to be thankful for this season. This is a time to thank God for all of the wonderful gifts that he has blessed us with and to use these gifts to reach out to those in need. May we feel his presence as we gather at Church with our families and with our community.

Well, I have some very exciting news! I am headed off to New York City to an Open Call for **The Next Food Network Star - Season 5**. This is a reality show on the Food Network in which the winner has six pilot episodes of their own food show produced. I will be bringing Greek Cooking to the Network and recognition to our wonderful community and to Maine. **Wish me luck!**

Greetings from **Panayotis Partsinevelos**! Panayotis writes that he is now living in Crete where he has recently been appointed to the faculty of the Technical University of Crete. He fondly remembers his days as a grad student in Orono and altar assistant at St. George and sends his love to everyone! **We miss you, too, Panayotis, and wish you all the best!**

Mary and Jon Predaris of Humarock, MA, visited with his mother, **Georgia Paul**. They enjoyed seeing cousins and friends at the church luncheon and also spent a wonderful day in Bar Harbor.

God's Blessing and many thanks to **Angela Aloupis** for the generous donation of the new Golden Cross which was installed. Given in memory of her beloved father, **Peter**, and in honor of her mother, **Athena**.

The Speronis Family is enjoying a visit from Lee's father, **Peter** and his aunt, **Alyce**. They will enjoy seeing the beautiful fall colors of Maine and some good Downeast Home Cooking.

Thank you to the **City of Bangor** for repaving the sidewalk in front of the Church.

From the **American Folk Festival**: The total Festival Receipts & Profits were slightly better than in '07. Thank you everyone for all of your hard work which made this a success! Lee and Cathy

All news is welcome! If you have anything you would like to share you can call me at my number above. If I'm not in please leave me a message. You can also email me at catthe-cook@roadrunner.com. Continued prayers to those in need.

**In love and faith,
Cathy**

Please Note:

When placing a check in the tray, enter in the memo section if it is directed to anything other than the offering. Also, as we approach more inclement weather, please be mindful of how you park your vehicle since space is at a premium. Thank you for your consideration.

Honor A Loved One

*The Foundation Society of St. George is still looking for eleven donors
to complete the beautiful plaque above the candles.
Donations are \$50.00*

STEWARDSHIP REPORT

2008 Stewardship Status (as of 9/21/08)

Stewardship Target.....\$49,690
Stewardship Units Pledged.....87

Stewardship Gifts Pledged.....\$49,485
Stewardship Gifts Rec'd.....42,610
Current Stewardship Deficit.....\$ 6,875

PLEDGES RECEIVED AS OF SEPTEMBER 21, 2008

Alling, Charlene	Jolander, Katherine Haliotis	Petrikas, George
Aloupis, Angela	Jonason, Leonidas & Susan	Predaris, Anastasia
Aloupis, Athena	Karagiannes, Christos & Alice	Predaris, George & Norah
Aloupis, Vance	Karris, Lambros & Cynthia	Predaris, Jon & Mary
Andreescu, Astrid	Kelley, Phyllis	Rees, Penny
Angel, Richard & Eleni	Kesaris, Nick & Callie	Rozos, John S.
Aretakis, Jonathan & Ann	Kisamitakis, Dino & Nicole	Seviciu, Alexander & Claudia
Asimakopoulos, Aaron	Kulikowski, Timothy & Allison	Shaw, F. Allen & Joan
Barbalias, Louis	Leakos, George	Skoufis, Mrs. Peter J.
Brountas, Arthur & Maria	Limberis, Chris & Nancy	Smalley, David & Susan
Brountas, Peter	Limberis, Mary	Smith, Barbara
Burgess, Paul & Polly Moutevelis	Louridas, Peter & Glenna	Smitherman, Ambrose & Marina
Christakos, Dianna Y.	Lowd, Claudia	Soulas, Doris and +Bob
Cox, John & Debra Sinclair	Luck, Christopher & Evyenia	Speronis, Lee & Cathy
Cox, Kevin, Sherri & Callie	Markides, Kyriacos & Emily	Speronis, Peter
Cox, Thomas & Cathy	Markowsky, Elizabeth	Spofford, John & Koula
Davis, Penelope V.	Metropoulos, Fr. Adam & Lisa	St. Peter, Sheldon & Kyveli
DeJesus, Ann-Marie	Michaud, Bert & Patty	Stanley, Anna
DeJesus, Marianne	Montgomery, Jack & Hope	Stanley, James S.
DeSiervo, Augie	+Morrill, Helen	Stamos, Paula Pangakis
Duddy, Athena	Muller, Eugene & Maria	Stroian, Anne-Marie & Matei Ilina
Fitzpatrick, Chip & Kathy	Nawfel, Dr. Michael M. & Dolores	Theoharidis, Steven
Flanzala, Paul & Maria	Page, Brian & Paula	Turla, Niko & Elizabeth
George, Nick & Grace	Panakis, Athanasios & Vasiliki	Vafiades, Scott & Domenica
George, Suzanne	Pangakis, Jerry & Martha	Vardamis, Alex & Fran
Gressitt, Stevan	Pappas, Nicholas	Wells, Joe & Olga
Harrison, Stanley	Paul, Georgia	Wirta, Sophia
Howard, John	Pearce, Bryan & Deta	Zacas, Miltiades & Dora Klimis-
Indianos, Rose	Petrides, Christos	

The good news is we are very close to meeting our goal figure of \$49,690!

However, as you know in this present economy expenses are exceeding expectations for everyone and the Church is no exception. Therefore, it would be prudent to encourage those who have yet to Pledge For 2008 to please do so now as we will probably need to exceed our original goal in order to break even for the year. Please do the best you can.

Thank you and may God bless us, everyone!

Hope P. Montgomery, Chair Stewardship
Committee '08

FINANCIAL STATEMENT as of September 31, 2008

	<u>September '08</u>	<u>YTD '08</u>
<u>RECEIPTS</u>	\$ 5,908.59	\$72,750.98
<u>DISBURSEMENTS</u>	\$ 8,604.33	\$69,843.51
<u>Surplus/(Deficit)</u>	\$ 2,695.74	\$ 2,907.47

Coffee Hour Notice

It has been brought to our attention that some parishioners have allergies to nuts and peanuts. It would be appreciated if dishes with nuts or peanuts could be labeled, so that those with allergies will know to avoid them. Thanks very much!

Sunday School

September 21st was the opening day of Sunday School. We have a new staff this year. Our director is Kathy Fitzpatrick, and teachers are Susan Brontas, Katie Brontas, Katie Limberis, Meghan Leen, and Stefan Metropoulos. Many thanks to them for their dedication, and our prayers for a wonderful year for the children.

Church E-Mail Notification List

If you would like your e-address to be included on Fr. Adam's list for notification of Church closings due to snow storms or for notification of parish deaths, please let Fr. Adam know (947-4709 / aldiasma@yahoo.com). This e-mail list will only be used for such emergencies or for very special notices and will not be shared. (If you received the recent e-mail about dear Poppy Davis, then you are already on the list. Of course, please let us know if you do not wish to be on the list or if you would prefer us to use a different e-address. Thank you!)

Annual Columbus Day Outing - Monday, October 13th

Once again we are planning St. George's annual Columbus Day Outing in Baxter State Park. This fall's hikes will be on Monday, October 13th. Plans are to leave from Bangor on that Sunday afternoon and spend the night at a motel in Millinocket. Then we head into the Park early Monday morning. One hike for the experienced heads up Mt. Katahdin. Another hike for the young or less experienced heads up the beautiful, but more accessible, Mt. Sentinel. A final option for the very young and parents is to picnic, canoe, and look for moose at Kidney Pond campgrounds. If you are interested in going, please RSVP to Fr. Adam or Presvytera Lisa.

Bottle Redemption – An Easy Way To Help Your Church!

For several months now, St. George Church has had an account with Big Red Redemption, the bottle redemption business run by Community Health and Counseling in Bangor. Thanks to everyone who has contributed so far! To date, the account has earned St. George Church just over \$250! Big Red is open Monday through Saturday and is located around the corner from the church on Main Street, next to the fire station. Just bring your recyclable bottles and cans to the loading dock, and tell the attendant to put them on the “Saint George Church account.” *It's that easy!*

Kolliva-Making Class

There have been a number of requests for a workshop on how to make “kolliva,” the boiled wheat that is offered in church at memorial services and for the Saturday of the Souls liturgies. For this reason, we would like to organize a kolliva-making class that would meet sometime in the Fall. Maria Brontas has agreed to be our teacher for what should be a very interesting session. If you might be interested in participating in this class, please express your interest to Presvytera Lisa (947-4709). We will then schedule a time that best fits into everyone's schedule.

"Did You Know?" by John Howard

The word "Abomination" is translated in the Old Testament from Hebrew words that mean "disgusting" - "abhorrence" - "stinks" - and in the Septuagint and New Testament from Greek words that mean "an unlawful thing" - "detestation" - "disgusted" - the last two words having special significance as related to "idolatry."

Here are just some of the things that the Bible tells us are an "Abomination to God":

From Leviticus (18: 1-30) Sex with any blood relation; (19: 1-8) Idolatry; (19: 11) Stealing, false dealing, lying; (19:12) False swearing on the Lord's name; (19:13) Oppressing of or robbing a neighbor and not paying wages when due; (19:14) Cursing the deaf or putting a stumbling block in front of the blind; (19:15) Not being just in judgment; (19:16) Slander; (19:17) Hate; (19: 18) Taking vengeance or bearing a grudge; (19:28) Cutting yourself or marking your body; (19:31) Consulting mediums, witches, fortune tellers, etc.; (20:1-27) All of the above reinforced. From Deuteronomy (22:5), and from Rom. 1:27, 1 Cor. 6:9,2 Peter 2:10, Jude 1:7-8, Sexual depravity.

In reading our Bible, one finds that truly, it is impossible for a person to live and not sin, and impossible not to fall under one of God's Abominations.

The word "Forgive" is translated in the Old Testament from Hebrew words that mean "to lift" (this is a prime root with many applications), "to forgive - pardon - spare," "to cover - expiate - condone - placate - cancel." And in the Septuagint and New Testament, from Greek words that mean "to send forth" "relieve - release - dismiss - pardon," and "grant as a favor - pardon - rescue - deliver."

It would take excessive space to even begin listing the Bible references to God's forgiveness. And to the fact that God wants to forgive us. But that our forgiveness DEPENDS ON US (Psalms 81:11-12) (Mat. 6:14 & 15:18,19).

Here are books of the Bible that individually spell it out for you fully in that book:

Genesis, Exodus, Leviticus, Numbers, Deuteronomy, Joshua, Judges, 1 & 2 Samuel, 1 & 2 Kings, 1 & 2 Chronicles, Ezra, Nehemiah, Psalms, Proverbs, Ecclesiastes, Isaiah, Jeremiah, Lamentations, Ezekiel, Daniel, Hosea, Joel, Amos, Obadiah, Jonah, Micah, Nahum, Habakkuk, Zephaniah, Haggai, Zechariah, Malachi, Wisdom, Sirach, Baruch, Matthew, Mark, Luke, John, Acts, Romans, 1 & 2 Corinthians, Galatians, Ephesians, Philippians, Colossians, 1 & 2 Thesalonians, 1 & 2 Timothy, Titus, Hebrews, and Revelation.

Fr. Adam is the Spiritual Guide, Teacher and Confessor appointed over us. Follow his guidance in reading the Bible and especially reading it with the Fathers of the Church. BUT READ IT! Take it to heart. Use it in preparation for confession. Remember that in accepting his position, Fr. Adam places his own soul in danger for our sake. Let us return the great love Fr. Adam constantly shows us by making the Bible our own with his help. And with his guidance, doing our

Is the Church in Your Will?

When you made your Will with your attorney, you tried to remember everyone who should receive a gift or a bequest. Did you remember to include your church?

Including the church in your Will is giving to God of your treasure. It is the final opportunity to express a lasting thankfulness to God. It is a golden opportunity to make a noble confession of faith in God and love for your church.

If you have forgotten to include the church in your Will, contact your attorney today to make arrangements to do so.

We Give Thanks

To the Prosphoro bakers: John Howard, Maria Muller, Kyvele St. Peter, Vasiliki Panakis, Marina Smitherman, Maria Flanzala, Presvytera Lisa, and Claudia Sevicu.

To Maria Flanzala and family for her beautiful crop of basil offered for the celebration of the Exaltation of the Holy Cross on Sunday, September 14th.

In addition, to friend of St. George, Rachel Pooler, for once again offering her crop of basil for the celebration of the Exaltation of the Holy Cross.

To Maria Brountas for the *kolliva* (memorial boiled wheat) for her cousin's 40-Day Memorial service, September 28th.

Recent Deaths

Our condolences to Maria & Arthur Brountas on the passing of Maria's cousin, Alice Terzes, in Massachusetts in August.

Sympathy to Paula & Brian Page, and to other relatives and friends at St. George, on the passing recently of Paula's uncle, Spiro Predaris, in Florida. He was 84 years old.

Sympathy also to Athena Duddy, Kevin Cox & Family, on the passing of Kevin's cousin, Randell (John) Billings, on September 16th.

Beloved St. George parishioner, **Penelope "Poppy" Davis**, passed away on Thursday, September 25th. She was 90 years old. Always loving, and active in mind and spirit, Poppy will be greatly missed by all who knew her.

+May their memories be eternal+

ST. GEORGE "CARE COMMITTEE" ALWAYS LOOKING FOR MEMBERS

What a wonderful way to be involved in our St. George community while helping others!

The next Care Committee will be in November.

For more information or if you know of a need the Committee could meet,
Please contact Presvytera Lisa (947-4709)

St. George Wish List

- 1) Altar Angels for altar needs: wine, incense, charcoal, etc...
- 2) Renovation of the bathrooms, making them handicapped accessible.

If anyone would like to contribute to the needs of St. George please see a Parish Council member. Thank you.

Daily Bible Readings OCTOBER 2008

1. Luke 5:33-39
Acts 9:10-19
2. Luke 6:12-19
1 Timothy 1:12-17
3. Luke 6:17-23
Acts 17:16-34
4. Luke 5:17-26
1 Corinthians 10:23-28
5. Luke 6:31-36
2 Corinthians 6:1-10
6. John 20:19-31
1 Corinthians 4:9-16
7. Luke 6:37-45
Ephesians 2:19-22; 3:1-7
8. Luke 6:46-49, 7:1
Ephesians 3:8-21
9. Matthew 9:36-38; 10:1-8
1 Corinthians 4:9-16
10. Luke 7:31-35
Ephesians 4:17-25
11. Luke 5:27-32
Acts 8:26-39
12. Luke 8:5-15
Titus 3:8-15
13. Luke 7:36-50
Ephesians 4:25-32
14. Luke 8:1-3
Ephesians 5:20-25
15. Luke 8:22-25
Ephesians 5:25-33
16. Matthew 27:33-54
Ephesians 5:33; 6:1-9

17. Luke 9:12-18
Hebrews 11:33-40;
12:1-2
18. Luke 10:16-21
Colossians 4:5-11,
14-18
19. Luke 7:11-16
2 Corinthians 9:6-11
20. Luke 9:18-22
Philippians 1:1-7
21. Luke 9:23-27
2 Corinthians 9:6-11
22. Luke 9:44-50
Philippians 1:12-20
23. Matthew 13:54-58
Galatians 1:11-19
24. Luke 10:1-15
Philippians 1:27-30;
2:1-4
25. Luke 7:1-10
1 Corinthians 15:58;
16:1-3
26. Luke 8:26-39
2 Timothy 2:1-10
27. Luke 10:22-24
Philippians 2:12-15
28. Luke 11:1-10
Philippians 2:16-23
29. Luke 11:9-13
Philippians 2:24-30
30. Luke 11:14-23
Philippians 3:1-8
31. Luke 11:23-26
Philippians 3:8-19

OUR PRAYERS ARE WITH YOU!

✠ Louis Barbalias ✠
✠ Marianna DeJesus ✠
Danny Frost ✠ Fletcher Frost
Juanita Pellon ✠ Mike McNamara
Kosta Shanos ✠ Sheldon St. Peter

PLEASE REMEMBER THESE SPECIAL PEOPLE IN YOUR DAILY PRAYERS

MEMORIAL SERVICES OFFERED

**On September 28th, by Arthur and Maria
Brountas, a 40-Day memorial for Maria's
cousin, Alice Terzes**

MAY HER MEMORY BE ETERNAL

Recent Baptism

Best wishes to **Axel Annis & Maria Panakis** on the baptism of their daughter, **Zoe**, Saturday, September 13th. The godmother is **Vasiliki Panakis'** niece, **Paraskevi Zacharopoulos**, who came with her husband from Greece for the occasion.

Na Sas Zisi!

*COFFEE HOUR * *BOUQUETS*

September 7th - **The Church**
September 14th - **Potluck Luncheon**
September 21st - **Bert & Patty Michaud**
September 28th - **John Howard**

**Many thanks to those who offered Coffee
Hours during this past month!**

Wedding

On Saturday, September 27th,
Aaron Asimakopoulos and Sarah Goodell
were united in the Sacrament of Holy Marriage
by Fr. Adam at St. George Church. Sponsor for
the couple was Aaron's sister, **Alexandra
Asimakopoulos.**

Na Zisete!

Weeping may endure for a night, but joy comes in the morning. (Psalm 30:5).

“God rebukes, and God makes glad. Just one repentant thought eases the wrath of God; for God is not angry at men as an enemy is angry, but His anger toward men is as that of a father toward his children. His anger is momentary, and His mercy is infinite. If He rebukes you in the evening, He causes you to rejoice in the morning; men know Him best in His rebuking and in His mercy. O my brethren, if men constantly knew and recognized God as the Doer of good, they would never know Him as Rebuker and Judge. Behold, God rejoices more when we recognize Him by His mercy than by His anger. However, there are very ungrateful and thoughtless people who never remember God when He grants mercy, but remember Him only when He chastises and rebukes them through sickness, death in the family, failure and shame before men, fire, the sword, earthquake or flood, or numerous other punitive rods and sticks with which He chastens the unawakened, reminds the ungrateful, brings the errant to their senses, and reminds everyone that He is the Creator and Lord, the Giver of Gifts and the Judge.

‘Weeping may endure for a night, but joy comes in the morning.’ These words also mean that the night is for weeping and prayer, for repentance and divine contemplation. The night especially is for repentance, and there is no true repentance without tears. At night a man thinks without hindrance about his deeds, his words, and his thoughts, and repents for all that he has done contrary to God's law. If a man weeps in repentance at night, then he will rejoice during the day. He will rejoice as a newborn, as one bathed, as one alleviated from the burden of sin. But, if he spends the night in sin and senseless revelry, a sorrowful and tearful day will dawn for him. O Lord Jesus Christ, our Savior and Teacher, rebuke us, but forgive us; chastise us, but save us.” (from the Prologue from Ochrid)

My brothers and sisters in Christ, here is a story that demonstrates the need for repentance and how our weeping that endured the night brings forth joy in the morning to come:

"Can a sinner repent of his sins in ten days? According to the immeasurable compassion of God he can. During the reign of Emperor Maurice, there was a well-known bandit in the vicinity of Constantinople. He inspired fear and trembling both within the capital and without. One day, the Emperor Maurice himself sent the robber a cross as a sign of faith that he would do him no harm if he surrendered. The robber took the cross and surrendered. Arriving in Constantinople, he fell before the feet of the emperor and begged for forgiveness. The emperor kept his word, had mercy on him and released him. Immediately after that, the robber became gravely ill and sensed that death was drawing near. He bitterly repented of all his sins and tearfully prayed to God that He forgive him, as the emperor had forgiven him. He shed so many tears at prayer that his handkerchief was completely soaked. After ten days of weeping and praying, the repentant man reposed. The same night he passed away, his physician saw a wondrous vision in a dream: when the robber had given up his soul, there gathered around him black, manlike demons with pieces of paper on which were written all his sins. Two radiant angels also appeared. The angels set a scale between them, and the joyful demons placed all those papers on it, weighing down their side of the scale; but the other side was empty. The angels held counsel: "What shall we place on it? Let us seek something good in his life!" And then that handkerchief soaked with tears of repentance appeared in the hands of one angel. The angels quickly placed it on their side of the scale and it outweighed all the demons' papers. Then the black demons fled, howling sorrowfully, and the angels took the soul of the repentant thief and carried it to Paradise, glorifying the man-loving God."

May we all find in our hearts, enough so that our tears of repentance may be as a second baptism cleansing us and producing the joyful light of Christ flowing through our very limbs.

Peace,

+Fr. Adam

OCTOBER 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 6 pm Great Vespers
5 9 am Orthros with Liturgy following 2nd Sunday of Luke	6	7	8	9	10	11 NO GREAT VESPERS
12 9 am Orthros with Liturgy following Sunday of the 7th Ecumenical Council	13 Fr. Adam and Children from Parish at Baxter State Park and Mt. Katahdin	14	15	16	17	18 10 am Liturgy in Waterville St. Luke the Apostle NO GREAT VESPERS
19 9 am Orthros with Liturgy following 3rd Sunday of Luke	20	21	22	23 9 am Orthros followed by Liturgy for Saint James the Apostle	24	25 6 pm Great Vespers at Saco, Maine at the Saint Demetrios Church
26 9 am Orthros with Liturgy following 6th Sunday of Luke St. Demetrios	27	28	29	30	31 4:30 pm Vesperal Divine Liturgy for Sts. Cosmas & Damianos followed by the Annual Har- vest Festival	November 1 6 pm Great Vespers
November 2 9 am Orthros with Liturgy following 5th Sunday of Luke	November 3	November 4	November 5	November 6	November 7	November 8 9 am Orthros followed by Liturgy for Archangels Michael and Gabriel

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St. George Altar Angel
Jerry Pangakis

- Thank You -

*If anyone is interested in becoming an Alter Angel (a \$50.00 donation)
Please contact a Parish Council Member*



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